

IOWA  
**SENIORS**  
ON THE **MOVE**



*"The world is a book... and those who do not travel read only a page."*

# DAYTRIPPER TOURS

## TRAVEL GUIDE 2024

For full details on all our tours, call 515-225-1455 or go to  
[seniorsonthemove-ia.com](http://seniorsonthemove-ia.com)

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■ May 15th Underground Railroad East ■ June 12th  
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at Ruttger's Bay Lake Resort - Aug 25th - 28th

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# DAYTRIPPER TOURS

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From short one-day tours to full-week adventures, we've been delivering high quality travel opportunities since 2017. We know that seniors who travel benefit physically, mentally and spiritually. Embracing active aging and building strong social relationships through travel lowers your risk of heart disease, stroke, dementia and depression.

So, expand your horizons and see life more brilliantly. We'll handle the details and the driving! Check out our 2024 tours. You're sure to find something that's just right for you!

## ACTIVITY LEVELS

**Pay attention to tour activity levels so you know what to expect!**



= Light walking and more options for sitting.



= Considerable walking, some stairs, balanced with periods of rest.



= "On the go" travelers! Stairs, walking, sitting or standing for 2-3 hours is no big deal for you. Longer days and time to explore on your own.

## REGISTRATION & WAIT LISTS

You can register online at [seniorsonthemove-ia.com](https://seniorsonthemove-ia.com) or via paper registration (also available to download online). Check or credit card accepted as payment. Registrations are confirmed with payment. All others will remain on the wait list until full payment is made. (More details on page 12.)



## VIP TRAVELERS

If you're a Seniors on the Move member who loves to travel with us, you'll want to join the DayTrippers Club!

- ❑ LOWEST tour prices
- ❑ Admin fees waived for late cancellation
- ❑ Earn DayTripper miles on each trip you take

For Club Details, go to [seniorsonthemove-ia.com](https://seniorsonthemove-ia.com)



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## **THURSDAY, APRIL 11**

### **JEFFERSON TIME TRAVEL TO 1875**

The day begins with a furniture making demo by the owner of RVP 1875, the world's leading historical furniture shop and museum. (Voted Outstanding Tourist Attraction attraction in Iowa.)

After a scatter lunch on the town square, we take in a comedy play at the Opera House.

There will be time for shopping, a tour of the historic courthouse and a spectacular view from the town's Bell Tower before departing for Deal Orchard to enjoy some apple pie a la mode.



#### **ACTIVITY LEVEL**



Members - \$125

Non Members - \$145

DayTrippers Club Members - \$110

(Club Members earn 40

DayTripper Miles on this Tour)



#### **ACTIVITY LEVEL**



Members - \$145

Non Members - \$165

DayTrippers Club Members - \$125

(Club Members earn 50 DayTripper  
Miles on this Tour)

## **THURSDAY, APRIL 25**

### **TULIP TIME IN PELLA TOUR**

Nothing says Spring in Iowa like a visit to Pella during Tulip Time. Since 1935, the festival attracts thousands of visitors to experience Dutch heritage and gaze upon the colorful beauty of the city.

The day includes a guided motorcoach tour of the Historical Village and Vermeer Windmill, as well as other historical landmarks.

A traditional Dutch Buffet will be served at the Opera House. During lunch, we will be treated to a fashion show highlighting authentic Dutch costumes modeled by local townfolk.

There will be plenty of time to explore the quaint shops and bakeries downtown before our last stop at Frisian Farms Cheese House.





## WEDNESDAY, MAY 15

### UNDERGROUND RAILROAD EAST

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Back by popular demand, we continue learning about the Underground Railroad - this time tracing the tracks through SE Iowa.

You'll hear courageous stories from a local historian at the Carnegie Historical Museum in Fairfield before we scatter for lunch and shopping on the town square.

#### ACTIVITY LEVEL



Members - \$125

Non Members - \$140

DayTrippers Club Members - \$110

(Club Members earn 40 DayTripper

Miles on this Tour)

Our journey includes a tour of the famed Pearson House in Keosauqua and the Salem-Lewelling House in Salem. You'll learn about many other safe havens along the path as we drive by them on the way home.

## WEDNESDAY, JUNE 12

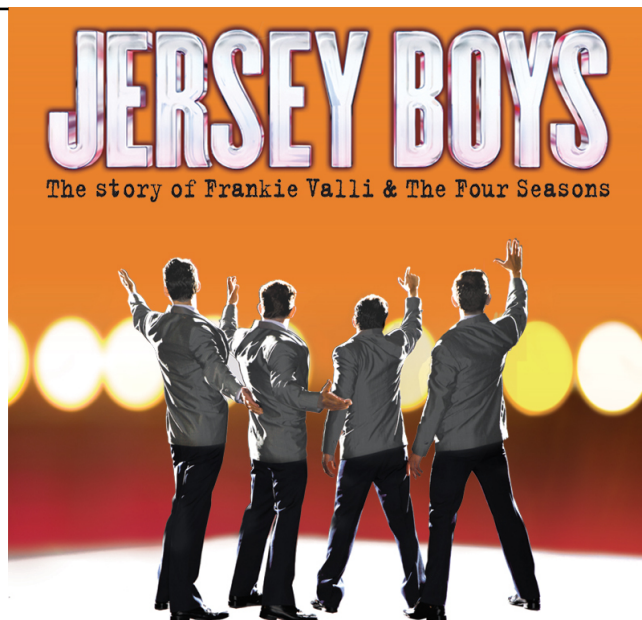
### BADA BING - BADA BOOM! TOUR

### JERSEY BOYS @ CIRCA 21

We travel to Rock Island, Illinois to the historic Circa21 Theatre for a delicious meal and Tony-winning entertainment.

The production follows the fascinating evolution of four blue-collar kids who became one of the greatest successes in pop music. With memory-sparking music and storytelling, Jersey Boys reveals the secret of how the 40-year friendship of Frankie Valli and The Four Seasons rose from the streets of New Jersey to stardom.

No question - you're gonna love it.  
Fuhgeddaboudit.



#### ACTIVITY LEVEL



Members - \$159

Non Members - \$175

DayTrippers Club Members - \$139

(Club Members earn 50 DayTripper Miles)

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## TUESDAY - WEDNESDAY JUNE 25-26

### ST. PAUL EXPLORATION

Explore the beauty and culture of Minnesota's Twin Cities. Over the two days, you'll tour the Cathedral of St. Paul, the Landmark Center, the Minnesota Museum of American Art, the State Capitol and Como Park Zoo and Conservatory.

On Monday evening, you'll enjoy a performance of "Beautiful: The Carole King Musical" at the Chanhassen Dinner Theatre. It's an inspiring true story about her journey from teenage songwriter to the Rock & Roll Hall of Fame.

After a good night's rest at the luxurious Intercontinental Hotel, Day 2 takes you to Harriet Island for a picnic lunch followed by a narrated Riverboat Cruise on the Mississippi.

**Includes 1 breakfast, 2 lunches, 1 dinner, all tours, cruise and performance. Reserve your spot with a \$200 deposit. Full payment due Feb 26, 2024.**



**ACTIVITY LEVEL**   

Members (double) - \$575

Members (single) - \$675

Non Members (double) - \$650

Non Members (single) - \$750

DayTrippers Club (double) - \$495

DayTrippers Club (single) - \$595

(DayTrippers earn 200 Miles)



**ACTIVITY LEVEL**  

Members - \$110

Non Members - \$125

DayTrippers Club Members - \$95

(Club Members earn 40 Miles)

## WEDNESDAY, JULY 10

### DES MOINES METRO TOUR

Take the day to experience a "field trip" in your own backyard. There are so many gems right here in the Metro area that we sometimes take for granted.

This adventure includes tours of the stunning State Capitol, The World Food Prize Museum and Hall of Laureates, and the Art Center. You'll also have a guided tour of Hoyt Sherman Place where we will enjoy our catered lunch.



**SUNDAY - WEDNESDAY AUGUST 25-28**

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## **S'MORE RUTTGER'S - MINNESOTA LAKE RETREAT**

Summer at Ruttger's Bay Lake Resort is the ultimate vacation. Our travelers asked for a repeat and extension of this tour and we are delivering! Get away from it all and join your friends for a relaxing vacation at one of Minnesota's leading lake resorts!

A special lunchtime stop in Owatonna is included along with a quick tour of the Minnesota School Orphanage.

We arrive at the resort midday with time to explore before our Welcome Reception. The 4 Day/3 Night Resort Stay includes lakeside lodging, complimentary breakfasts and nightly dinners in the Main Lodge Dining Room.

In addition, these activities are INCLUDED:

- Free use of tennis and pickle ball courts
- Discounts on golf and carts for resort transportation
- Beaches and pools
- Use of paddle boats, kayaks, canoes
- Special Seniors on the Move pontoon outing
- Bonfires and s'mores!

You'll return with long lasting memories from this fun-filled summer vacation!

**Includes 3 breakfasts, 1 lunch, 3 dinners, welcome reception, tours en-route, pontoon ride, pickleball tournament, use of all non-motorized watercraft and reduced rates for golf. Reserve your spot with a \$400 deposit. Full payment due April 27, 2024.**



### **ACTIVITY LEVEL**



Members (double) - \$1035

Members (single) - \$1365

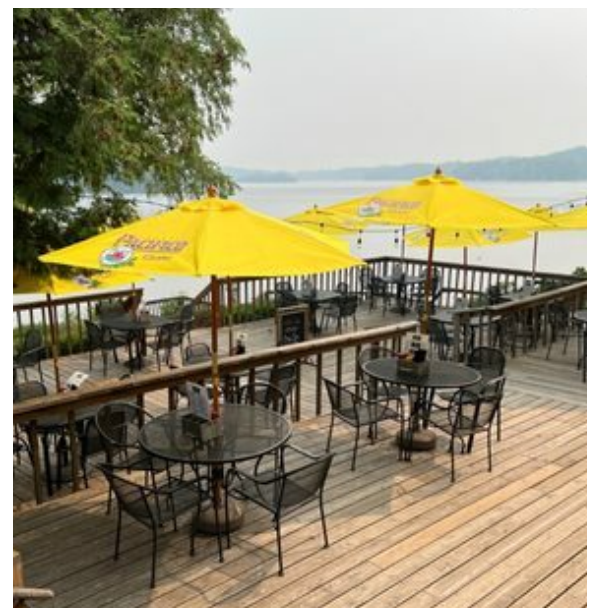
Non Members (double) - \$1200

Non Members (single) - \$1530

DayTrippers Club (double) - \$900

DayTrippers Club (single) - \$1230

(DayTrippers earn 400 Miles)



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## TUESDAY, AUGUST 13

### IOWA CITY HIDDEN HISTORY TOUR

We spend the day with Judy Nyran, a well-known step-on guide and storyteller as she leads us on tours of the area's historical attractions.

- Johnson County Historical Museum
- Iowa Car Museum
- Old Capitol and Pentacrest
- Plum Grove and Gardens
- Lucas Farms Neighborhood

You'll enjoy a group lunch at ReUnion Brewery downtown followed by shopping and time to browse the Ped Mall and Art Mural Walk.



#### ACTIVITY LEVEL



Members - \$135

Non Members - \$150

DayTrippers Club Members - \$120

(Club Members earn 40 DayTripper Miles on this Tour)



#### ACTIVITY LEVEL



Members - \$145

Non Members - \$160

DayTrippers Club Members - \$125

(Club Members earn 50 DayTripper Miles on this tour)

## TUESDAY, SEPTEMBER 10

### OMAHA ART & HISTORY TOUR

Travel back in time to the Durham Museum in Union Station. Beautiful architecture blends with memories of a time gone by at this venue which offers a fascinating look at the history of the region. Its affiliation with the Smithsonian Institute and strong ties to the Library of Congress, National Archives, and the Field Museum make this a "must see" destination.

After a hearty lunch at a local pub in Omaha, we depart for the Joslyn Castle, Gardens, and newly renovated Art Museum. Many of the new exhibits are hundreds if not thousands of years old. After two years of expansion, it will be a remarkable afternoon experiencing and celebrating Art.



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**THURSDAY, OCTOBER 24**

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**RIDE THE RAILS TOUR (PERRY, BOONE & STORY CITY)**



**ACTIVITY LEVEL**

Members - \$155

Non Members - \$175

DayTrippers Club Members - \$135

(Club Members earn 50 DayTripper Miles)

The day begins in Perry with a tour of the Carnegie Library and Hotel Pattee. The dining areas of the historic themed hotel are works of art designed around railroad history. Be sure to check out the room recreated like a 20th Century dining car.

The main event includes a delicious lunch in an actual dining car as you travel through the Des Moines River Valley in climate controlled comfort aboard a historic train on the Scenic Valley Railway.

One last stop on the way home - which is always a crowd pleaser - for a carousel ride in Story City.

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**THURSDAY, NOVEMBER 7**  
**MEANDER TO MANNING TOUR**

What's to see in Manning, Iowa? You'll be surprised as you explore the Hausbarn Heritage Park, Farmstead and Historical Trinity Church.

You'll scatter for lunch and then spend the afternoon visiting Iowa's own Templeton Rye Distillery, famous for its craft whiskey.

Meet Liz Garst at the renown Garst Farm and then venture to the White Rock Conservatory for a light afternoon meal. The day concludes with a special presentation by Liz.



**ACTIVITY LEVEL**

Members - \$120

Non Members - \$130

DayTrippers Club Members - \$100

(Club Members earn 40 DayTripper Miles)

**10****SUNDAY - SATURDAY  
SEPTEMBER 22-28**

# GET YOUR KICKS ON ROUTE 66 TOUR

Route 66 was one of the United States' first continuous stretches of paved highway in 1938. Coined "The Mother Road" in "The Grapes of Wrath," it stretched 2,448 miles from Chicago to Los Angeles and is now a tourist destination for travelers worldwide.

The journey takes us on a one-week loop through Missouri and Illinois. Our exploration begins in Springfield, Missouri, known as the "Birthplace of Route 66."

## Springfield, Missouri (2 nights)

A few memories may be sparked that first day when we pull into the Route 66 Rail Haven Motel, the oldest Best Western property in the country. After a short rest, we travel to Lamberts Cafe, home of the "throwed rolls," for a group dinner.

Day 2 includes a step-on guided tour with stops at the classic car museum and the Route 66 Museum. You'll enjoy a nostalgic



lunch from Red's Giant Hamberg, known as the world's first drive-through restaurant.

Take some time to freshen up before our late afternoon visit to Johnny Morris' Wonders of Wildlife National Museum & Aquarium.

This treasure is the largest





immersive wildlife attraction in the world!  
Dinner will be served in the famous  
Hemingway's Blue Water Café.

The next morning, we explore the Fantastic  
Caverns from jeep-drawn trams. The rest  
of the day we travel Route 66 north –  
stopping along the way at many quirky  
sites that make this highway famous.

### St. Louis, Missouri (2 nights)

We spend the next two nights at the  
Westin, adjacent to Ballpark Village, where  
we gather that first evening for dinner.

No trip to St. Louis would be complete  
without a visit to the Gateway Arch. Plan to  
spend time on Day 4 wandering through  
this National Park treasure and maybe  
even venturing up to the top! A relaxing  
riverboat cruise will complete your  
experience. The rest of the day will be free  
for you to explore this vibrant city your way!

Day 5 puts us back on Route 66 with stops  
at the Old Chain of Rocks Bridge, Rusty  
Star Marketplace, and Soulsby Service  
Station. Our day concludes with a dinner at  
Route 66 Motorheads Bar & Grill.

### Springfield, Illinois (2 nights)

We start Day 6 with a step-on guide  
for an all-day Route 66 theme tour.  
After an early dinner at Maldaner's,  
one of the oldest restaurants on



Route 66, plan to watch vintage  
cars parade into the downtown area  
for a 3-day Route 66 festival.

Before leaving Springfield on Day 7,  
we visit the Abraham Lincoln  
Presidential Museum. And, one  
more jaunt up Route 66 to wave  
goodbye to the Bunyon Giant ("hot  
dog man") in Atlanta, Illinois. Our  
journey home will be filled with  
wonderful memories of our  
nostalgic road trip of the "Mother  
Road" and time with good friends –  
both old and new!

**Includes 6 breakfasts, 1 lunch, 5 dinners,  
select tours, and river cruise. Reserve your  
spot with a \$600 deposit. Full payment due  
May 25, 2024**

**ACTIVITY LEVEL**   

**Members (double) - \$1675**

**Members (single) - \$2100**

**Non Members (double) - \$1925**

**Non Members (single) - \$2365**

**DayTrippers Club (double) - \$1475**

**DayTrippers Club (single) - \$1900**

**(DayTrippers earn 500 Miles)**



**12****TUESDAY - WEDNESDAY****OCTOBER 8-9**

## **THE AMISH EXPERIENCE (KALONA / AMANA COLONIES)**



### **ACTIVITY LEVEL**

Members (double) - \$390

Members (single) - \$455

Non Members (double) - \$450

Non Members (single) - \$515

DayTrippers Club (double) - \$345

DayTrippers Club (single) - \$410

(DayTrippers earn 150 Miles)

A day in Kalona starts with an informative presentation about the Amish heritage. You'll tour the Amana museum and then enjoy lunch in an authentic Mennonite home. In the afternoon, there will be tours of a goat farm, ebike manufacturer, buggy shop, and more.

Overnight accommodations are at the brand new Hotel Millwright, which pays homage to the Amana's woolen mills of the past. You'll tour the hotel the next morning and then you are free to browse and shop.

We'll have lunch and see a show at the Price Creek Event Center before heading home.

**Includes 1 breakfast, 2 lunches, all tours and performances. Reserve your spot with a \$150 deposit. Full payment due June 10, 2024**

### **REGISTRATION & CANCELLATION POLICY**

Registrations are confirmed and secure with full payment. All unpaid registrations will remain on the wait list in the order received.

ONE-DAY tour fees are 100% refundable if canceled up to 60 days prior to departure and your money will be returned to you via the payment method you used at registration. Cancellations 60 days or less from tour date will be credited to your Seniors on the Move (SOM) account, less a 50% administration fee.

No Shows = No refund.

Tour itineraries may be subject to change.

All OVERNIGHT tour registrations are secure with deposit up to the full payment deadline date and 100% refundable if canceled up to 120 days prior to departure. Cancellations 120 days or less from overnight tour date will forfeit the deposit. The remaining balance will be credited to your SOM account, less a 50% administration fee. (Credits valid for 24 mo) If you registered as a double, your roommate will be re-registered at the single rate.

*DayTrippers Club members never pay cancellation admin fees for ANY TOUR! However, deposits for late cancel of overnight tours are forfeited by all.*