

April In-Center Events



Monday	Tuesday	Wednesday	Thursday	Friday
Chair Exercise Class - 10:00 AM 1	2	3	Birthday Party - 1:00 PM 4	5
8	9	Livin' the Dream - 1:00 PM 10	11	Board & Card Games - 9:00 AM 12
Chair Yoga Class - 2:00 PM 15	16	Coffee Social - 9:00 AM 17	18	19
Gardening Tips - 10:00 AM 22	23	Board & Card Games - 1:00 PM 24	25	26
29	Senior Breakfast - 9:00 AM 30	1	2	3

Oak Street Health - Jordan Park

4841 SE 14th St
 Des Moines, IA 50320-1616

please RSVP to 515-415-4082

*Oak Street Health limits (1) prize per person with the value not exceeding \$15. While supplies last, one-time use only. Doctor's authorization may be required to participate in select events. We are not affiliated with and do not endorse other parties' services or products. Sales agents may be present with sales-specific information and enrollment options. Oak Street Health provides a community service to help seniors understand Medicare facts. Please note that we are not insurance agents or Medicare employees nor does Medicare in any manner endorse our educational assistance. The assistance is provided as a service to the community by Oak Street Health.